



In my feelings

*Have you ever felt an emotion but didn't know the word for it?
This word bank may help you to express yourself more clearly.*

Happy

Pleased

Joyful

Overjoyed

Excited

Enthusiastic

Thrilled

Eager

Calm

Tranquil

Peaceful

Serene

Sad

Miserable

Depressed

Unhappy

Down

Frightened

Scared

Terrified

Afraid

Anxious

Nervous

Concerned

Uneasy

Angry

Livid

Furious

Irate

Today I feel

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This is because

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I would feel really happy if

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