



“I Was Born a Winner”

The amazing singer Freddie McGregor famously sang a song called ‘I Was Born a Winner.’

*It is so important that you believe that you are capable of winning and achieving your goals in life. Achieving your goals may not always be easy, you may not succeed the first, second or even third time that you try something, but if you continue to try and believe that you are a winner, eventually you **WILL** achieve your goals.*

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What does it mean to be a winner in life?

Circle the things that matter to you.

I am surrounded by people that I love, who loves me. I am happy. I love my life. I have a wonderful career. I run my own business. I am rich and wealthy. I take loads of holidays in beautiful places. I have a lovely home. I drive a nice car. I look after my body. I take care of those around me. I never have to worry about money. I can buy whatever I want. I am my own boss. I love somebody who loves me. I am respected. I have nice clothes. I spend quality time with my family and friends. I help people. I make the world a better place to live in. I enjoy my job. I am kind and caring. I make others smile. I smile often. I am grateful for the gift of life.

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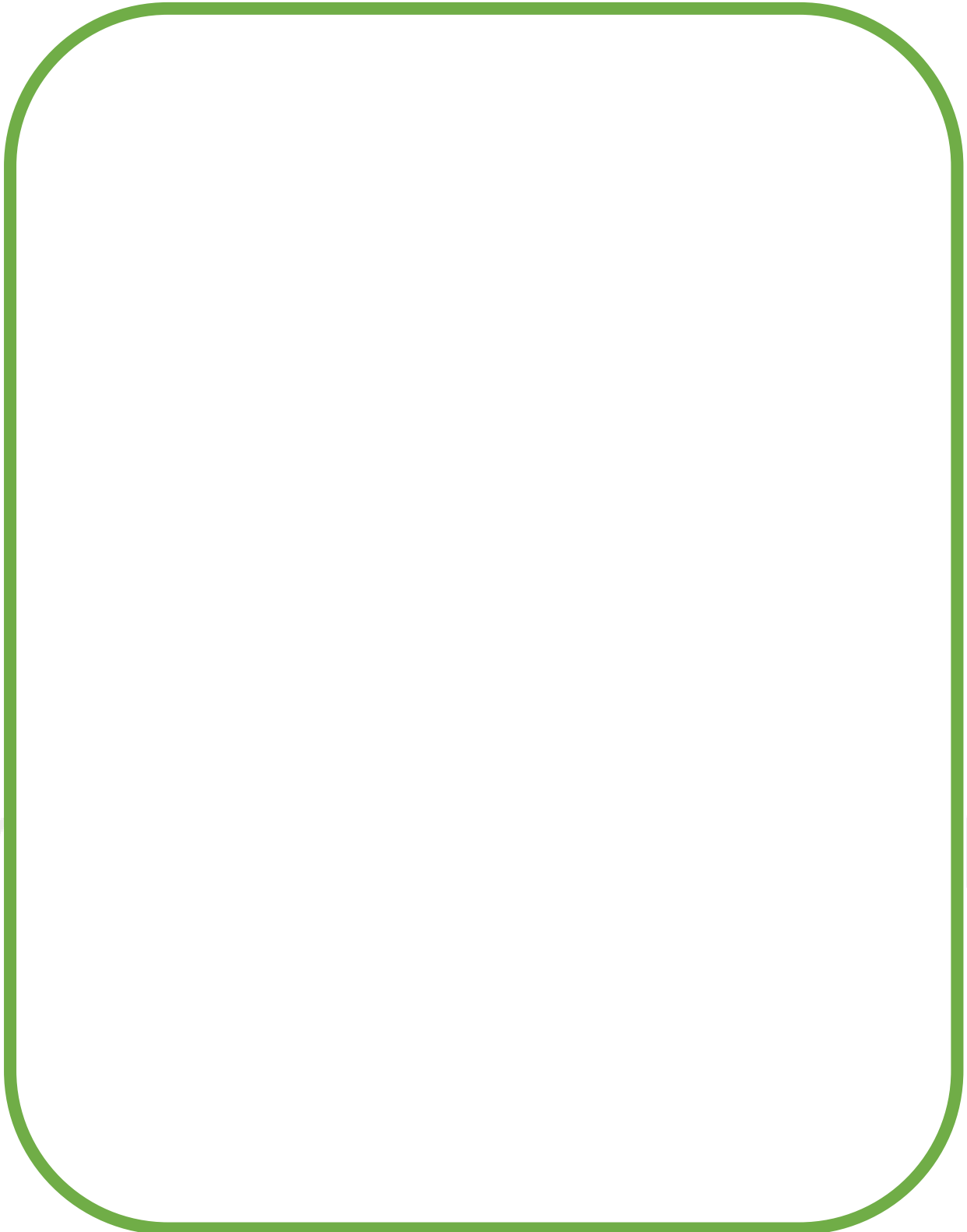
What kind of skills and attributes do you need to be a winner in life? Circle the things that you will need to be a winner in life.

I will need to be smart. I will need to be resilient. I will need to be kind. I will need to be brave. I will need to be bold. I will need to be able to listen and take advice. I will need to be able to stand up for myself. I will need to be able to say what is on my mind. I will need to be honest. I will need to have integrity. I will need to be focused. I will need to be driven. I will need to be educated. I will need to be strong enough to say 'no' if I need to. I will need to be committed to achieving my goal no matter how difficult it may seem. I will need to have faith in myself and my blessing gifts.

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Draw and label a picture of yourself as a winner in life. Colour it in and when you are done put it in a place where you can see it every day.

ME WINNING IN LIFE!





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