



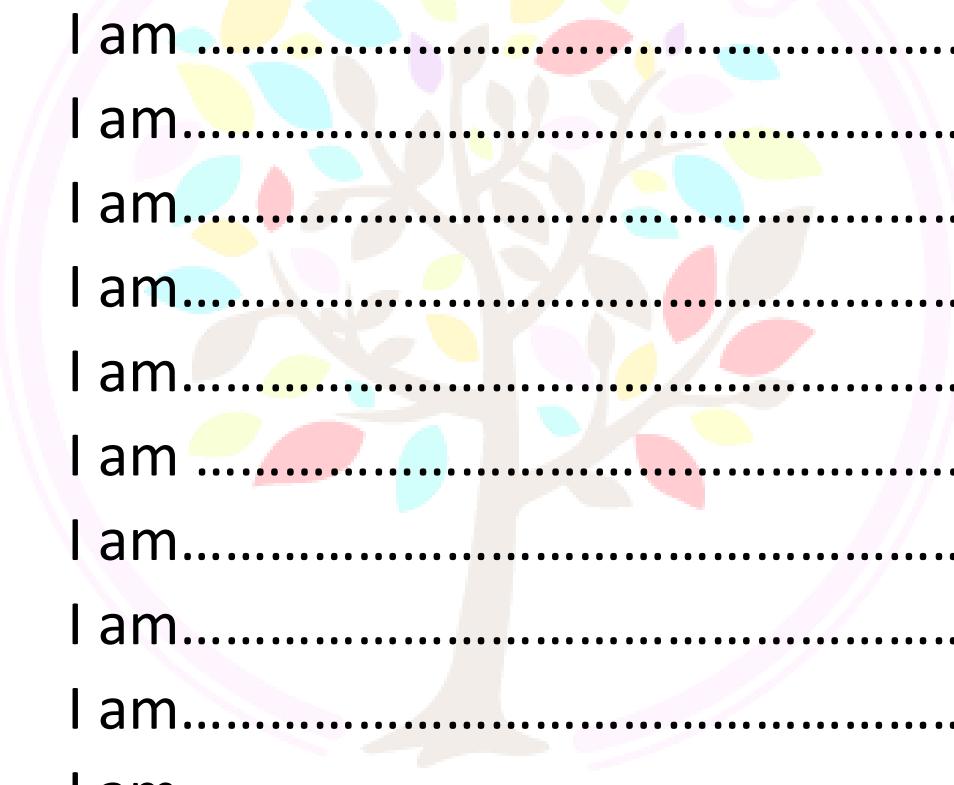
## I AM...

*Say this speech each and every day.*

*The more you say it, the more you will believe it!*

1. Today is going to be a good day!
2. I love my skin, it is magnificent!
3. I love my hair, it is wonderful!
4. I love myself, I am powerful!
5. I am kind and I am loving!
6. I am strong and I am determined!
7. I am brave and I am fearless!
8. I can do ANYTHING I put my mind to!
9. I love MYSELF and I am proud of MYSELF!
10. **NO mistakes were made in the creation of me! I AM SIMPLY BEAUTIFUL!**

***Add to your 'I AM' speech with kind and positive thoughts about yourself!***

- 
11. I am .....
  12. I am.....
  13. I am.....
  14. I am.....
  15. I am.....
  16. I am .....
  17. I am.....
  18. I am.....
  19. I am.....
  20. I am.....

Simply Beautiful World